



11th Annual VCCA Invitational VIRTUAL Cheerleading Competition

Registration Fee \$125.00

Registration due by Friday, March 5th

Saturday, March 13th 2021

Hosted by Missisquoi Valley Union High School

Please fill out one form per team

Team Name: _____

School District: _____

Head Coach: _____

Assistant Coach(s): _____

Address: _____

Phone: _____

Email: _____

Team Type: Middle School (5-8)

Varsity (9-12)

Team Size _____

This event is a VPA sanctioned event and will follow the NFHS and AACCA rules at they apply to VT state cheer teams.

Please Email Registration Form & Rosters to:

Lindsay DiDio, Lindsay.didio@mvdschools.org

Mail Payment to:

Lindsay DiDio

Missisquoi Valley Union High School

175 Thunderbird Drive, Swanton VT, 05488

*Please make checks payable to **MVU-MVSD-VCCA***

Competition Information:

- T-shirts will be sent to division champions (Varsity Only) following the competition instead of Trophies and Banners. The T-shirt will have the competition logo printed on the front with CHAMPION printed across the back.
- Apparel and bows will be available for purchase online. We will also have T-shirts available for purchase through an online store. Short Sleeve (\$20.00), Long Sleeve (\$25.00) and Hoodie (\$30.00) options will be available. Keep an eye on the VCCA Facebook page for more information.

VIRTUAL COMPETITION FORMAT *(Taken from VPA Cheerleading Guide, Page 5)*

- Performance will be done, start to finish, with no breaks in the footage or restarts to the original (i.e. one time performance; schools may not film multiple attempts at their routine and choose from the best take).
- Each team will perform a routine with a maximum time limit of two minutes and a minimum time limit of one and a half minutes. Teams will be penalized if they go over or under the time limit.
- The athletic director or designee must be present during the competition time, coming on video after the team has completed their routine, verifying that the submitted performance was a one-time performance with no editing. We ask that the AD or designee state their name, date and time when they verify the video.
- Video must be in mp4 format. The video must show all four corners of the performance area (42 x 42 foot mat or performance area on gym floor) at all times. The video needs to be shot in landscape position from, no zooming. All performing athletes need to remain within the video frame.
- The team entrance and exit may be recorded, but will not be included in the total time for the routine. Teams must make a clear distinction between the spirited entrance and beginning of the routine, and between the end of routine and the spirited exit.
- Teams will have until 12:00 pm on the Saturday of the competition week to submit their video submission to the VPA Meet Director, Heath Haskell at vermontcheerleading@gmail.com.
- All submissions will be compiled and then shared with the judges by late Saturday afternoon. The officials will meet virtually to complete their judging.
- The competition will be posted online by 7:00 pm on Saturday evening.
- By Monday afternoon, completed score sheets and comment sheets will be sent to AD's and head coaches as well as the link to the video for the teams to review.
- If a tie occurs we will follow the state championship protocol. The tie will be broken by summing the technical scores. These categories include: tumbling, jumps, motions, dance. If a tie still exists, co-champions will be named.