



**28<sup>th</sup> Annual New England Interscholastic  
Girls' Gymnastics Championship  
Saturday, March 9, 2024  
At Algonquin Regional High School  
79 Bartlett St, Northborough, MA 01532**

Presented by the Council of New England Secondary School Principals' Association  
19 Golden Meadow Rd., Hampstead, NH 03841  
Executive Director: Jim Davis, [jim.davis@cnesspa.org](mailto:jim.davis@cnesspa.org),  
President: Dr. Glenn Lungarini, CAS-CIAC

**Time:** Session 1 –  
Third Place Teams and Individuals  
Registration: 8:30 am  
Competition: 10:00 am  
(It is helpful for teams to arrive together.)

Session 2 –  
First and Second Place Teams  
Registration: 12:00 pm  
Competition: 1:30 pm

**Meet Director:** Amelia Braun  
508-380-0120  
[abraun@nsboro.k12.ma.us](mailto:abraun@nsboro.k12.ma.us)

**Site Director:** Michael Mocerino  
(508) 351-7010 ext. 1021  
[mmocerino@nsboro.k12.ma.us](mailto:mmocerino@nsboro.k12.ma.us)

**Entry Limits:** Top **three** teams from each state and the top **ten** individual girl gymnasts on each event, plus all-around, from each state. (Note – **new this year:** Gymnasts from a qualified team do **not** count toward the ten allowed individuals. Alternates are allowed for a total of ten from each state, including all-around.)

**Filing of Entries:** All entries and competitor names must be emailed by one state representative by **noon, Monday, March 4, 2024** to Amelia Braun at [abraun@nsboro.k12.ma.us](mailto:abraun@nsboro.k12.ma.us). Please use the entry form enclosed in this packet. Late entries will not be accepted, especially the day of competition. All gymnasts on a roster will be assigned a number in pro-score. Coaches may make their line-ups on the day of competition. **The Meet Director will provide Coaches with the NFHS sheets for all of your athletes.**

**Registration/  
Packet Pick-up:** The facility will open for athletes and coaches one hour and a half prior to the start of each session. Teams should check in at the competitor gate. Packets will contain CNESSPA pins and certificates for all competitors.  
**(Note: Please see the Directions/Competitor Drop-Off instructions below.)**

**Entry Fee:** \$20.00 per individual (no team fee, each girl that competes on the team is an individual. There will be no refunds and **no purchase orders** will be accepted, check or cash only. Checks should be made payable to the **CNESSPA** and paid at registration **on the day of the meet.**  
(Note: Only team members listed on the entry submission and two coaches will be allowed through the competitor gate. \$10.00 per person can be added to the entry check for additional team members, who are not on the entry form, or additional coaches.)

**General Admission:** \$10.00 **We will only be using ONLINE TICKETS** and there will be **no cash accepted at the gate.** Spectator entrance will open at 8:30 AM. Use the main entrance to the Fieldhouse at the high school.

The online ticket link is:

<https://gofan.co/app/events/828311?schoolId=CNESSPA>

Or see **QR code flyer** on the last page.

**Program:** A program will be posted online at [www.cnesspa.com](http://www.cnesspa.com) a day or two prior to the event. **No programs will be printed for this event.**

**Awards:** Scores will be combined from both sessions. Plaques will be awarded to the first, second, and third place teams overall. Individual medals will also be awarded to top 6 individual girls overall in each event plus all around. Awards will be presented after the conclusion of the second session.

**Athletic Trainer:** The Algonquin Athletic Trainer will be covering the meet. **Please bring whatever medical supplies your athletes may require including tape, pre-wrap, etc.**

**Schedule:** There will be two sessions. The first session will include all Individual Qualifiers and Qualifying Third Place Teams. The second session will be for the Qualifying First and Second Place Teams. The meet will be conducted in the Capital Cup format with the use of two sets of equipment.

**First Session –**

Registration: 8:30 am  
Open stretch 9:00 am  
Timed warmup 9:30 am  
March out: 10:00 am

**Second Session –**

Registration: 12:00 pm  
Open stretch 12:30 pm  
Timed warmup 1:00 pm  
March out: 1:30 pm  
**Awards –** Approximately 4:00 PM

**Rules:** NFHS Gymnastics rules will be followed. As per NFHS rules, there can be an unlimited number of all-around competitors per team.

**Warm ups:** Athletes will be warming up in the small gymnastics gym and competing in the larger double gyms.

**Concessions:** Concessions will be available.

**Locker Rooms:** **Limited locker room facilities will be available.** Athletes can either claim a spot in the locker rooms for their belongings, OR they may claim an area of the bleachers in the warm-up gym for their belongings. It is HIGHLY recommended that expensive belongings are left at home.

**Athlete Seating:** When athletes are on a bye they will be seated on the bleachers in the small gymnastics gym.

**T-Shirts:** Official New England Gymnastics Championship apparel will be sold at the meet. Apparel can be pre-ordered at <https://www.grteesmsp.com/> until the Thursday before the Meet and post-ordered beginning on Monday after the Meet.

**Video Access:** *CNESSPA shall own the copyright of all broadcasts (live and delayed, film, videotapes, web casts, other electronic reproductions and recordings). Any broadcast or rebroadcast in any form without written consent of CNESSPA is strictly prohibited.*

**Internet Address:** Information and results will be posted at [www.cnesspa.com](http://www.cnesspa.com)

**Hotels:** For overnight lodging, individuals are encouraged to make their own overnight accommodations as no hotel agreement is in place at this time. Please note that there are numerous lodging options in the Northborough / Marlborough, area for overnight accommodations.

**DoubleTree by Hilton Hotel Boston - Westborough**

5400 Computer Dr, Westborough, MA 01581

Phone 1-508- 366-5511

**Hilton Garden Inn Boston/Marlborough**

170 Forest St, Marlborough, MA 01752

Phone 1-508-251-6706

**Holiday Inn & Suites Marlborough**

265 Lakeside Avenue, Marlborough, MA 0175

**Phone** 1-508- 481-3000

**Hampton Inn Boston/Marlborough**

277 Boston Post Road West, Marlborough, MA 01752

Tel 1-508-787-9888

**Directions/Competitor Drop-Off Area at Algonquin Regional High School**

For the New England Girls Gymnastics Championship here is the procedure that should be followed for drop off, parking and pick up:

When you arrive at Algonquin Regional High School, please bear to the left at the end of the driveway when the school comes into view, drive the perimeter of the parking lot around to the athletic entrance at the rear of the building. The athletic entrance is lined with columns. Athletes, coaches and spectators will enter via the athletic entrance. ***If buses plan to remain at the school for the duration of the meet, they will be directed to an auxiliary upper parking lot toward the front of the school.***

**ALGONQUIN REGIONAL HIGH SCHOOL, NORTHBOROUGH, MA**

***For GPS Directions use the Address Below***

***Algonquin Regional High School is Located at  
79 Bartlett St, Northborough, MA 01532***













# ***BUY TICKETS ONLINE***

*USE THE QR CODE BELOW, OR  
VISIT [GOFAN.CO](http://GOFAN.CO) & SEARCH  
CNESSPA*



*GIRLS' GYMNASTICS CHAMPIONSHIP  
MARCH 09, 2024 | 10:00 AM*