

Boys Lacrosse

JV modifications for small sided games

These are only for teams that do not have a full JV team and are looking to play games.

Rule modifications

Players

2 attack

2 defense

3 midfielders

1 goalie

Field

Goal line will be placed halfway between top of restraining box and official goal line. The modified goal line will be/ could be painted. The crease could be painted/ dotted or cones or a portable crease could be used. Field width will remain the same.

Time

The time will be 25 minute running halves. If an adjustment needs to be made coaches could work this out before the game. The last 2 minutes of each half should be stop time on the ref's whistle.

Players

- Up to three defensive poles on the field at any one time.
- Must have two offensive players and three defensive players (including goalie) on each half at all times.
- Three midfielders

Counts

- No 10 and 20 second counts on clears. Officials are able to tell teams to "advance the ball" and/or "attack the goal" if they feel that the team is stalling.
- Goalie will still need to exit crease in four seconds
- Penalties: time served won't start until the player is in the box, kneeling and the official starts the new possession.
- Officials will not "eject" a player from a game for an egregious penalty. The player will be removed from the game for remainder and allowed to sit on the bench to learn. The reason for this is that the players at this level are still learning and to eject them and make them sit a couple games is detrimental to their development. I am confident that our coaches will make the correct call and discipline their players as needed.
- Each team gets 1 Time Out a half

Clears

- Game is played with faceoffs per the NHFS rules.
- Game starts with a regular faceoff.
- After each goal the goalie will put the ball in play. The official will use a double whistle to start play. First whistle to signify the goal, second whistle to start the clear.
- At the beginning of the game, if coaches want to determine a goal differential for a free clear after a goal they may. Then the team that was scored on gets the ball at half field to start the next possession

It will be important that the coaches and ADs that are hoping to use these rules communicate with the schools on their schedules.

It is also imperative that the officials know that a modified JV game will be played so that they are not surprised when they get to a school.